



SEPTEMBER 2026

Southwest Valley High School

This Institution is an Equal Opportunity Provider

Menu subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Labor Day
No School

Nachos
Corn
Fruit & Veggie Bar
Milk

Grilled Cheese
French Fries
Fruit & Veggie Bar
Milk

Mini Corndogs
Baked Beans
Fruit & Veggie Bar
Milk

Chicken Alfredo
Breadstick
Broccoli
Fruit & Veggie Bar
Milk

Taco
Corn
Fruit & Veggie bar
Milk

Mandarin Orange Chicken
Rice
Broccoli
Fruit & Veggie bar
Milk

Hot Dog
Baked Beans
Fruit & Veggie Bar
Milk

Spaghetti
Breadstick
Green Beans
Fruit & Veggie Bar
Milk

Teacher In-Service
No School

Crispitos
Corn
Fruit & Veggie bar
Milk

Chicken & Noodles
Bread Slice
Mashed Potatoes
Fruit & Veggie Bar
Milk

BBQ Ribb
Baked Beans
Fruit & Veggie Bar
Milk

Goulash
Breadstick
Green Beans
Fruit & Veggie Bar
Milk

Sloppy Joe
Curly Fries
Fruit & Veggie Bar
Milk

Pizza
Cooked Carrots
Fruit & Veggie Bar
Milk

Chicken Stir Fry
Rice
Broccoli
Fruit & Veggie Bar
Milk

Hamburger
Baked Beans
Waffle Fries
Fruit & Veggie Bar
Milk

Homecoming Grab & Go
Sign up by Wednesday
Ham Sandwich
Carrots, Fruit, Chips
Milk

Mozzarella Breadstick
Green Beans
Fruit & Veggie Bar
Milk

Chicken Quesadilla
Corn
Fruit & Veggie Bar
Milk

Meatloaf
Mashed Potatoes
Fruit & Veggie Bar
Milk



SEPTEMBER 2026

Southwest Valley High School

This Institution is an Equal Opportunity Provider

Menu subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Waffles
Applesauce
Juice
Milk

Blueberry Muffin
Pears
Juice
Milk

Sausage Biscuit
Peaches
Juice
Milk

Frudel
Pineapple
Juice
Milk

No School
Labor Day

Breakfast Burrito
Applesauce
Juice
Milk

Breakfast Pizza
Pears
Juice
Milk

Blueberry Waffles
Peaches
Juice
Milk

Cinnamon Roll
Banana
Juice
Milk

No School
Teacher In-Service

Breakfast Bites
Applesauce
Juice
Milk

Pancakes
Pears
Juice
Milk

Breakfast Pizza
Peaches
Juice
Milk

Churros
Tropical Fruit
Juice
Milk

Toast
Egg Patties
Mixed Fruit
Milk

Waffles
Applesauce
Juice
Milk

Blueberry Muffin
Pears
Juice
Milk

Sausage Biscuit
Peaches
Juice
Milk

Frudel
Mandarin Oranges
Juice
Milk

Yogurt or Cereal
Graham Crackers
Mixed Fruit
Juice
Milk

Breakfast Burrito
Applesauce
Juice
Milk

Breakfast Pizza
Pears
Juice
Milk

