

# OCTOBER 2026

## Southwest Valley High School

This is an Equal Opportunity Provider

Menu Subject to Change



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Country Fried Steak Stick **5**  
Bread Slice  
Mashed Potatoes  
Fruit/Veggie Bar  
Milk

Super Nachos **6**  
Corn  
Fruit/Veggie Bar  
Milk

Grilled Cheese **7**  
French Fries  
Fruit/Veggie Bar  
Milk

**1**  
Pizza  
Cooked Carrots  
Fruit/Veggie bar  
Milk

**2**  
Popcorn Chicken  
Bread Slice  
Waffle Fries  
Fruit/Veggie Bar  
Milk

**12**  
Grilled Chicken  
Fries  
Fruit/Veggie Bar  
Milk

**13**  
Crispito  
Corn  
Fruit/Veggie Bar  
Milk

**14**  
Chicken & Noodles  
Bread Slice  
Mashed Potatoes  
Fruit & Veggie Bar  
Milk

**15**  
Ribb  
Baked Beans  
Fruit/Veggie Bar  
Milk

**16**  
Goulash  
Breadstick  
Green Beans  
Fruit/Veggie Bar  
Milk

**19**  
No School

**20**  
Fiestada Pizza  
Cooked Carrots  
Fruit/Veggie Bar  
Milk

**21**  
Chicken Stir Fry  
Rice  
Stir Fry Veggies  
Fruit/Veggie Bar  
Milk

**22**  
Hamburger  
Baked Beans  
Fruit/Veggie Bar  
Milk

**23**  
Chicken Bacon  
Ranch Pasta Bake  
Green Beans  
Fruit/Veggie Bar  
Milk

**26**  
Spaghetti  
Breadstick  
Green Beans  
Fruit/Veggie Bar  
Milk

**27**  
Taco  
Corn  
Fruit/Veggie Bar  
Milk

**28**  
Mandarin Orange Chicke  
Rice  
Broccoli  
Fruit/Veggie Bar  
Milk

**29**  
Mummy Pretzel Dog  
Baked Beans  
Fruit/Veggie Bar  
Milk

**30**  
No School




**Monday**

**Tuesday**

**Wednesday**

**Thursday**
**Friday**

Blueberry Waffles  
Or Cereal  
Peaches  
Milk

Cinnamon Roll  
Or Cereal  
Pineapple  
Milk

French Toast Sticks  
Or Cereal  
Mixed Fruit  
Milk

Breakfast Bites  
Or Cereal  
Applesauce  
Milk

Pancakes  
Or Cereal  
Pears  
Milk

Breakfast Pizza  
Or Cereal  
Peaches  
Milk

Churro  
Or Cereal  
Banana  
Milk

Breakfast Sandwich  
Or Cereal  
Mixed fruit  
Milk

Waffles  
Or Cereal  
Applesauce  
Milk

Blueberry Muffin  
Or Cereal  
Pears  
Milk

Breakfast Pizza  
Or Cereal  
Peaches  
Milk

Frudel  
Or Cereal  
Tropical Fruit  
Milk

No School

Breakfast Burrito  
Or Cereal  
Applesauce  
Milk

Blueberry Waffles  
Or Cereal  
Pears  
Milk

Breakfast Pizza  
Or Cereal  
Peaches  
Milk

Cinnamon Roll  
Or Cereal  
Mandarin Oranges  
Milk

French Toast Sticks  
Or Cereal  
Mixed Fruit  
Milk

Breakfast Bites  
Or Cereal  
Applesauce  
Milk

Pancakes  
Or Cereal  
Pears  
Milk

Breakfast Pizza  
Or Cereal  
Peaches  
Milk

No School

