

Virtual Learning Snow Day 1

Needs of plants

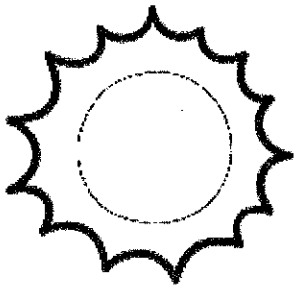
Kindergarten Science Worksheet

Color the pictures.
Match each picture with the
correct word.

*Plants need sun, soil,
air, and water
to grow.*



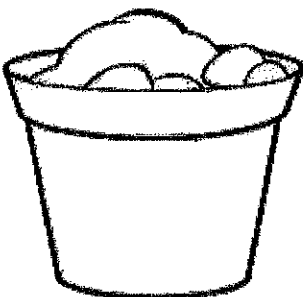
Sun



Soil



Air

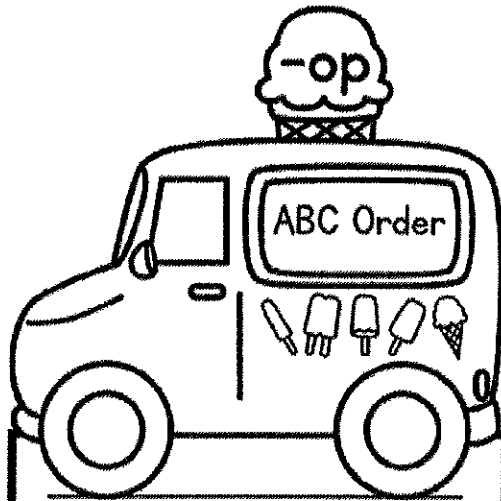
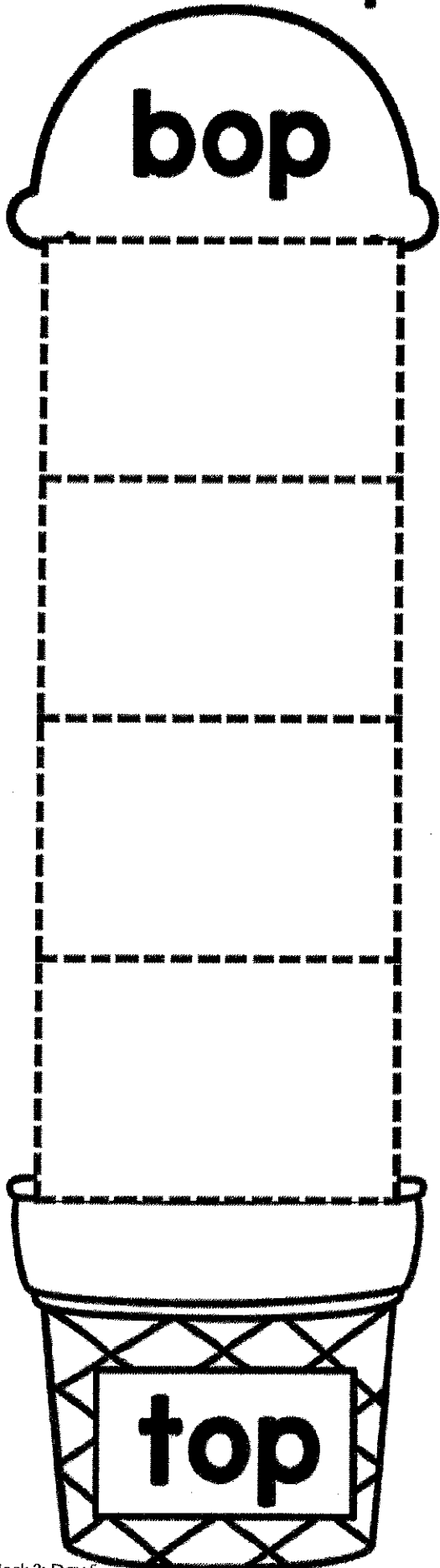


Water

Name: _____

-op family

CVC Scoops: ABC Order



1. _____

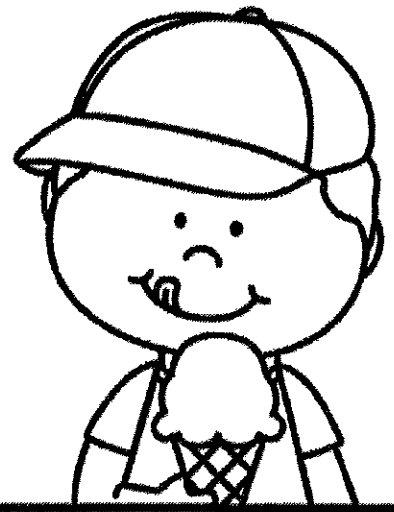
2. _____

3. _____

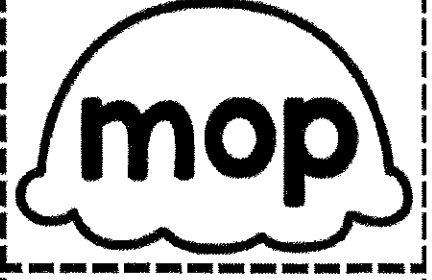
4. _____

5. _____

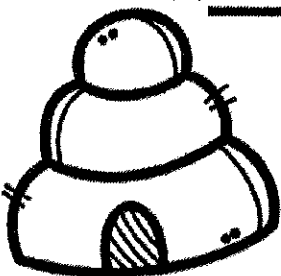
6. _____



Directions: Cut and paste the scoops in ABC order. Write the words in ABC order on the lines.

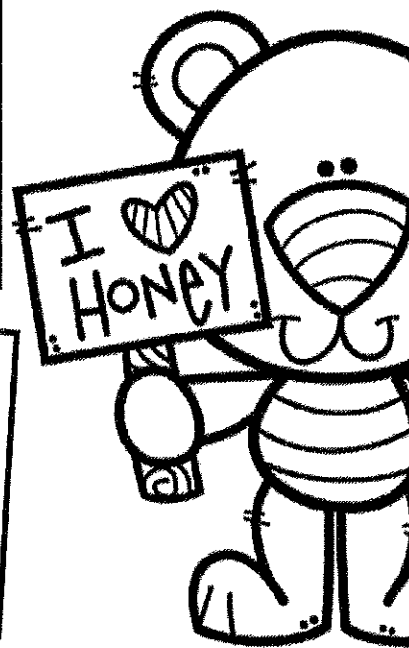


Name: _____



Number Order 11-20

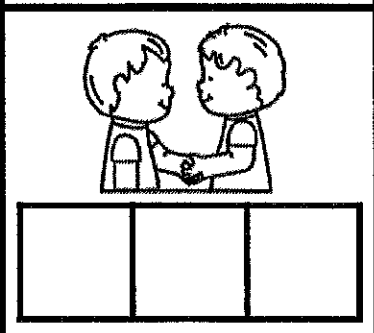
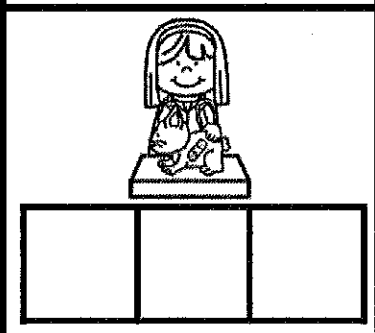
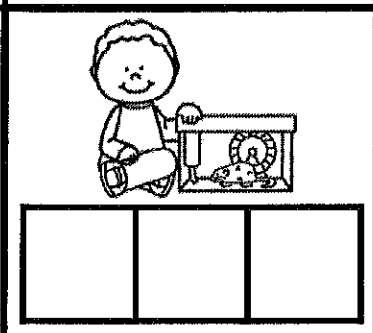
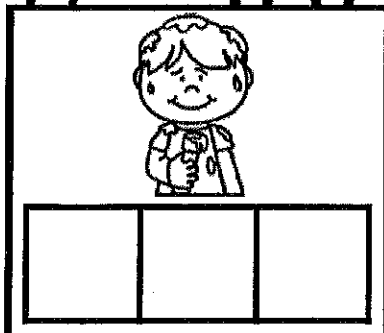
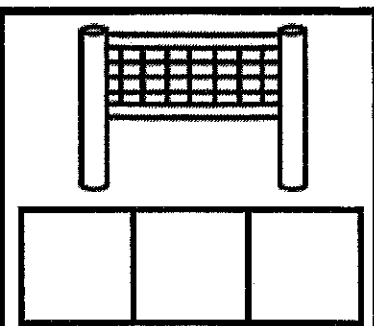
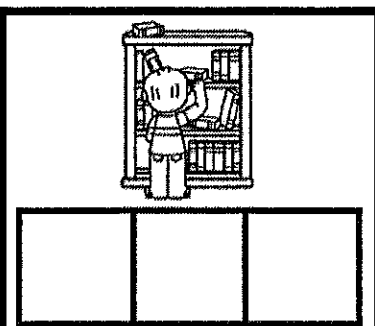
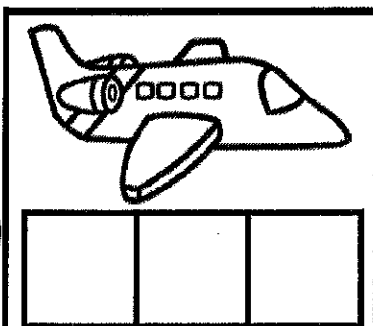
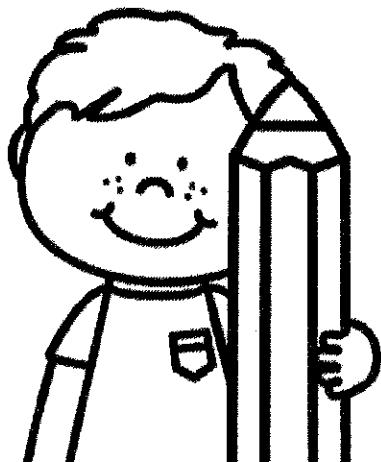
Directions: Cut and paste the honey pots in order from 11-20.



 13	 18	 15	 17	 12
 16	 19	 11	 20	 14

Name: _____

CVC Word Search



Word Bank

- get
- vet
- wet
- jet
- pet
- net
- met

n	a	v	e	t	n
n	e	t	g	i	g
f	e	n	e	d	w
m	b	i	t	n	e
e	p	e	t	d	t
t	f	b	j	e	t

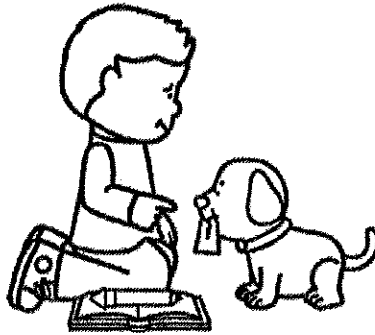
Name: _____

Missing Letters Set 1

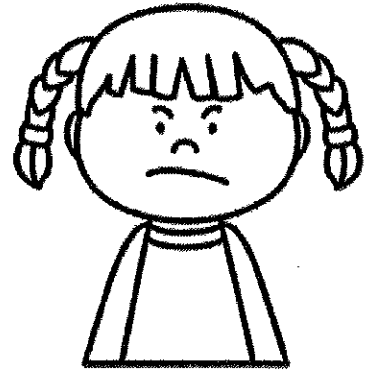
Directions: Fill in the missing letter for each picture.
Write the word on the lines.



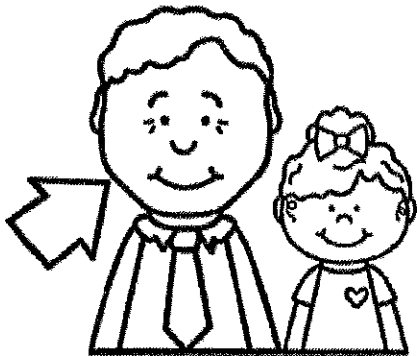
s a



b d



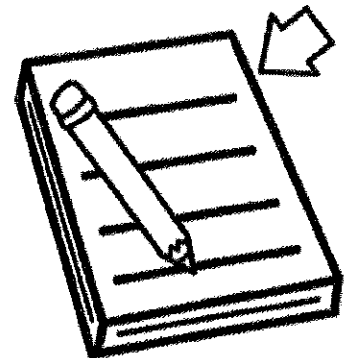
a d



d a



a d



p d

Name: _____

Addition: Count and Add Set 1

Directions: Add the number of items in each row.
Color the number that matches the total.



1

$2 + 2 =$

3
4
7

2

$5 + 2 =$

4
8
7

3

$3 + 2 =$

5
3
6

4

$2 + 6 =$

10
8
7

5

$5 + 5 =$

9
5
10

6

$3 + 4 =$

7
8
9

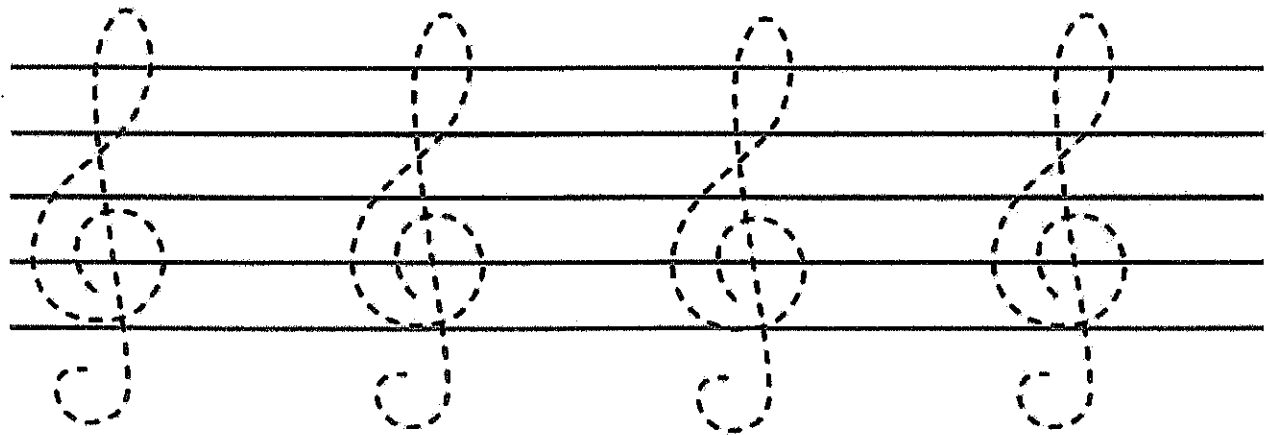
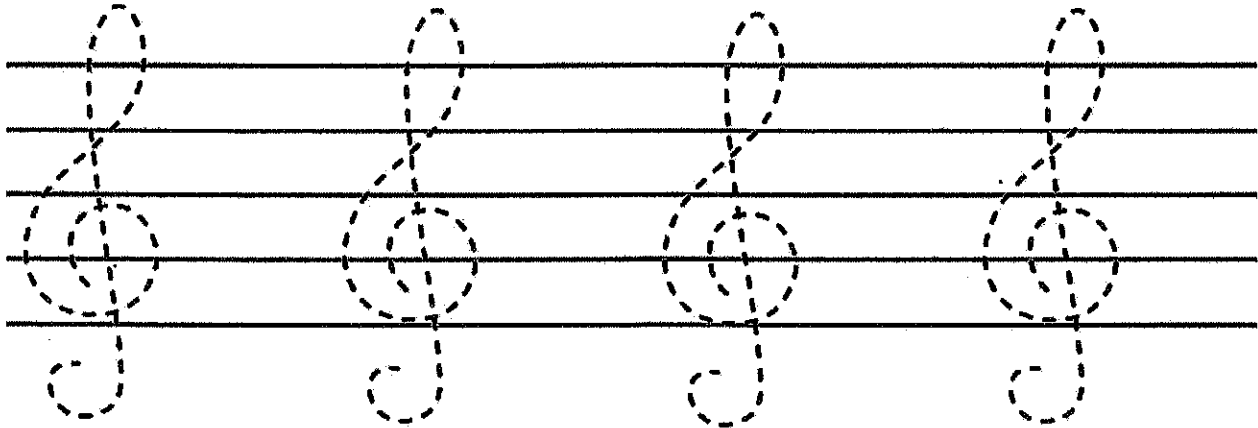
TRACE IT ON THE STAFF!

My name is _____

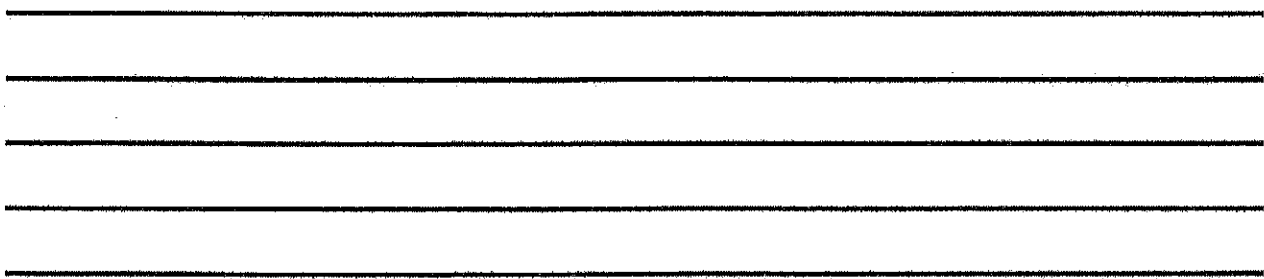
Class _____

Directions:

Trace a Treble clef.



Draw a Treble clef.



NAME: _____

"Buggy" Read and Write

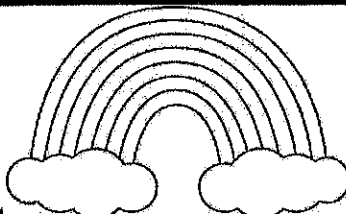
Directions: Read and clap the rhythm in the "Read It" column and then write the rhythm in the "Write It" column.



Read It



Write It



Virtual Learning Snow Day 2

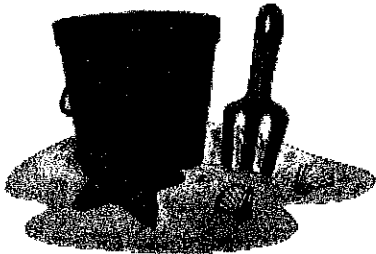
Types of weather

Kindergarten Science Worksheet

Match the picture to the weather.



Sunny



Rainy



Cloudy



Windy

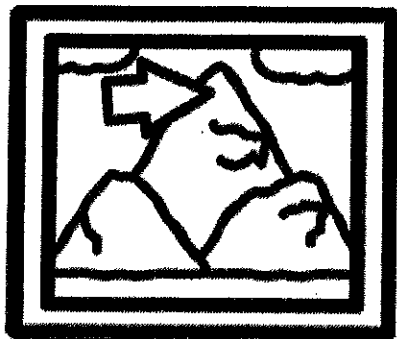


Snowy

Name: _____

Missing Letters Set 1

Directions: Fill in the missing letter for each picture.
Write the word on the lines.



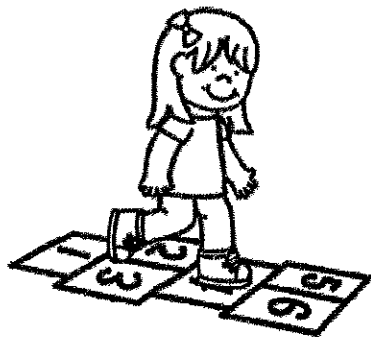
t o



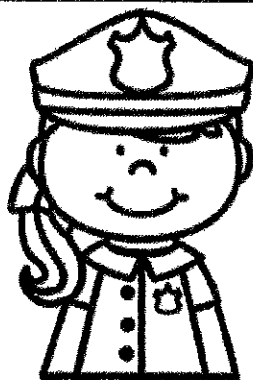
m p



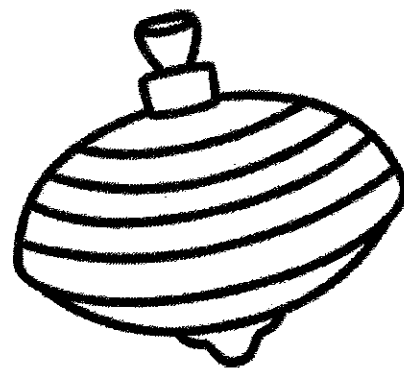
o p



h o



o p



t p

Name _____

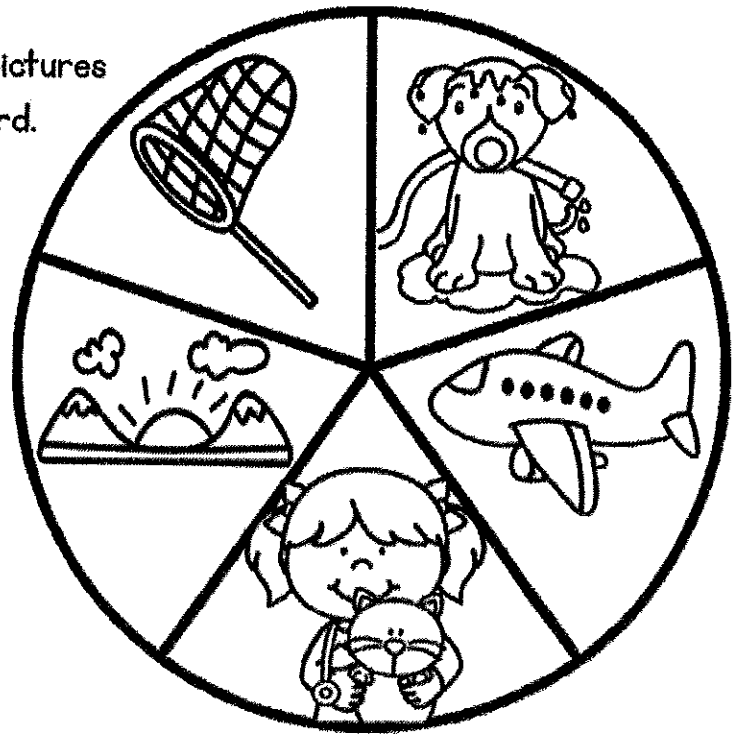
-et family

Spin and Write

Directions: Read the sentences. Color the spinner pictures to match. Use a paperclip spinner to spin a word.

Write the word below.

- ☆ The dog was very wet.
- ☆ It was not a big jet.
- ☆ I can get it with a net.
- ☆ The sun started to set.
- ☆ She was a good vet.

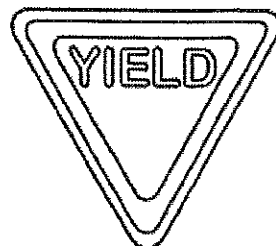
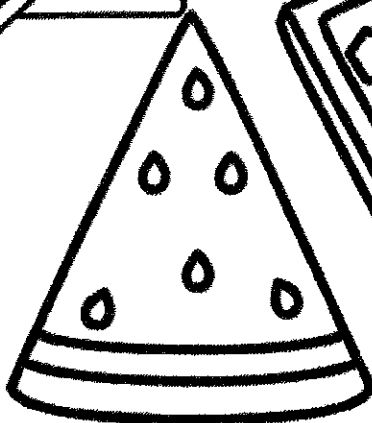
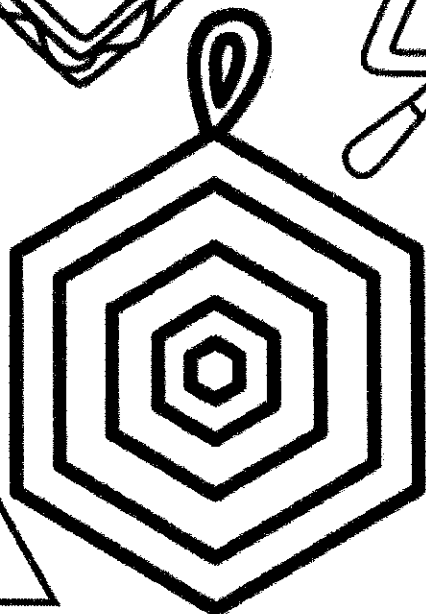
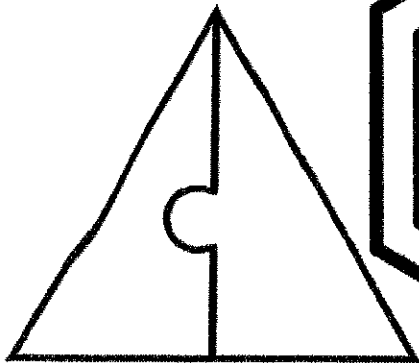
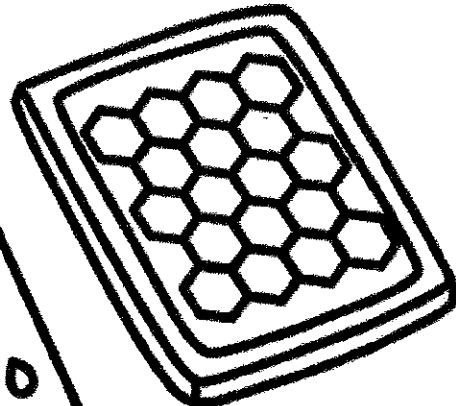
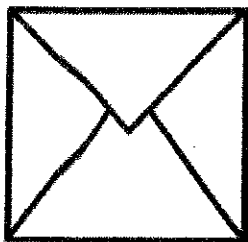
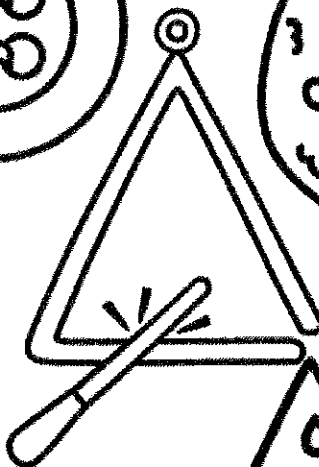
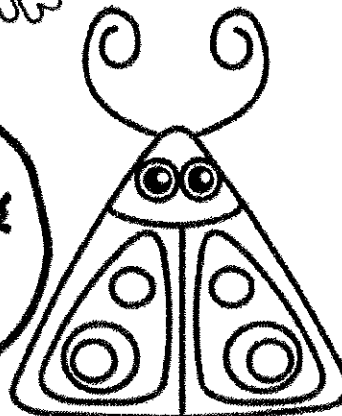
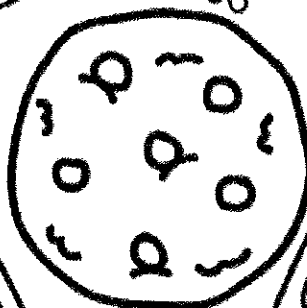
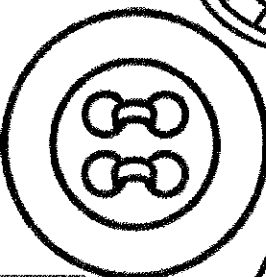
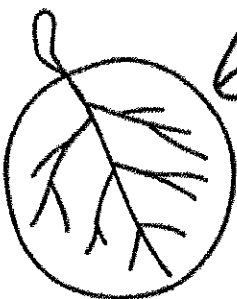
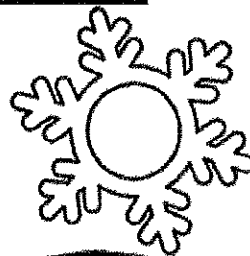
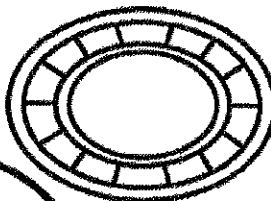
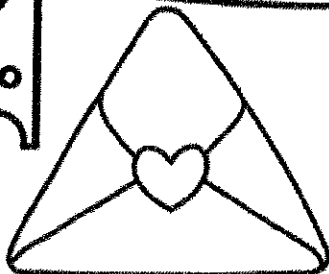
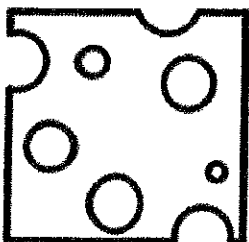
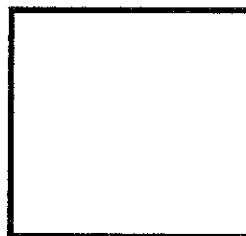
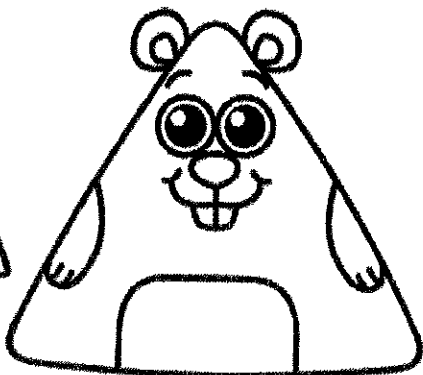
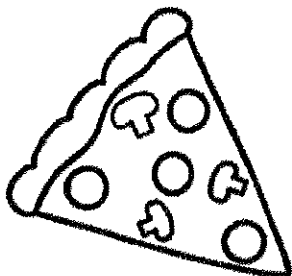
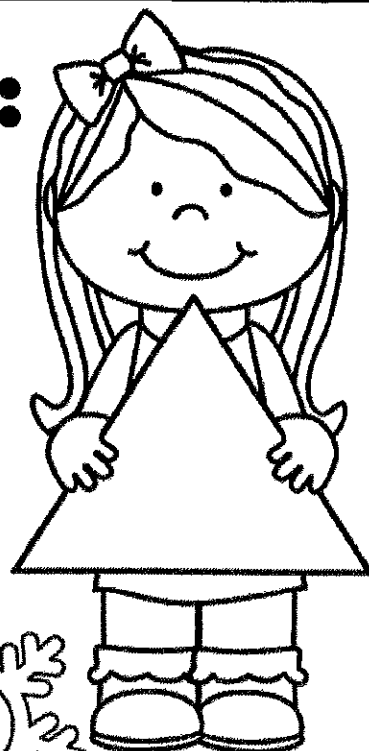


vet	wet	jet	set	net

Name: _____

Hunting For Shapes: Triangles

Directions: Color all of the triangle shapes.



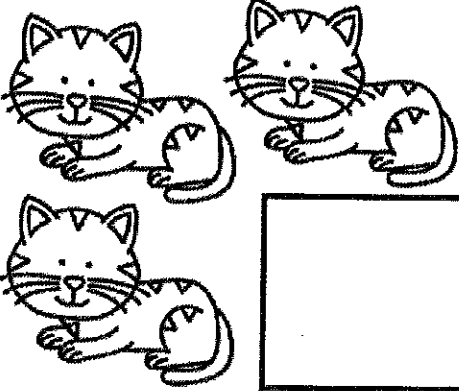
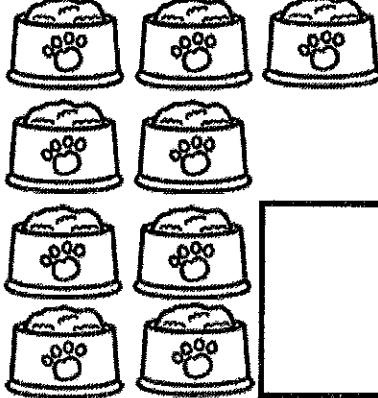
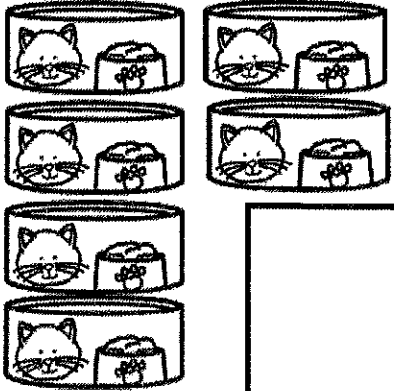
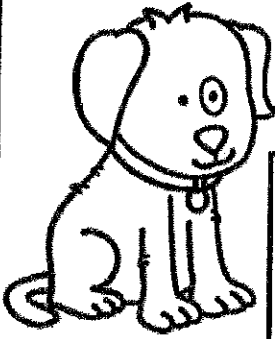
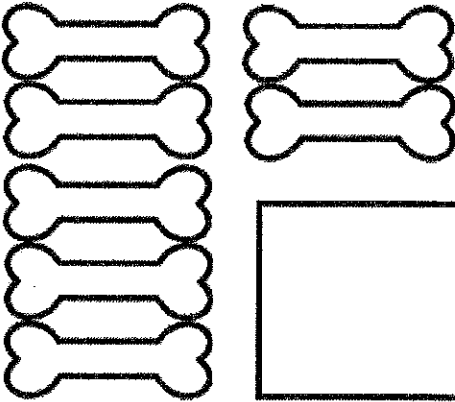
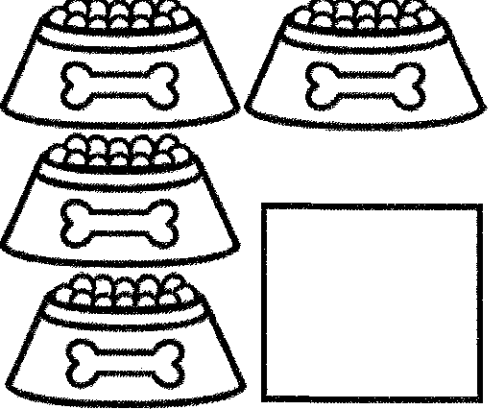
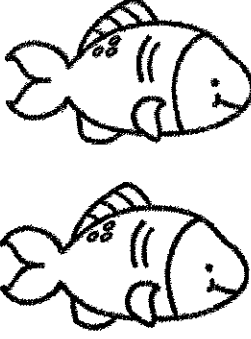
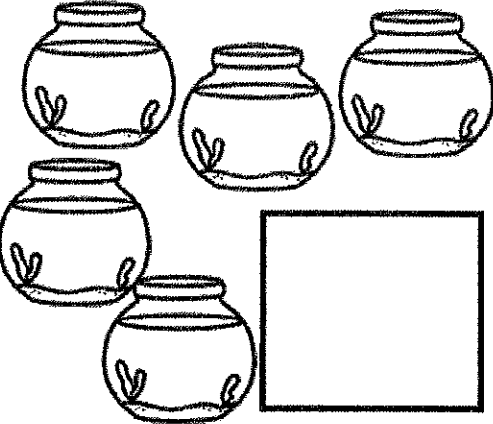
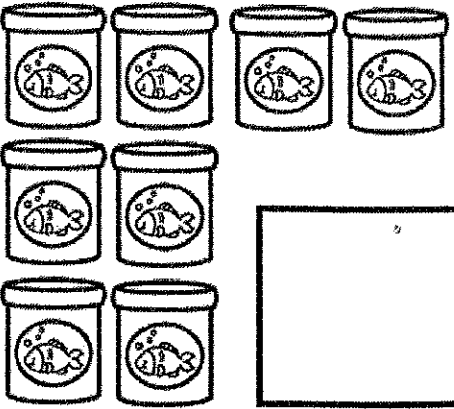
How many **TRIANGLES** did you find? _____

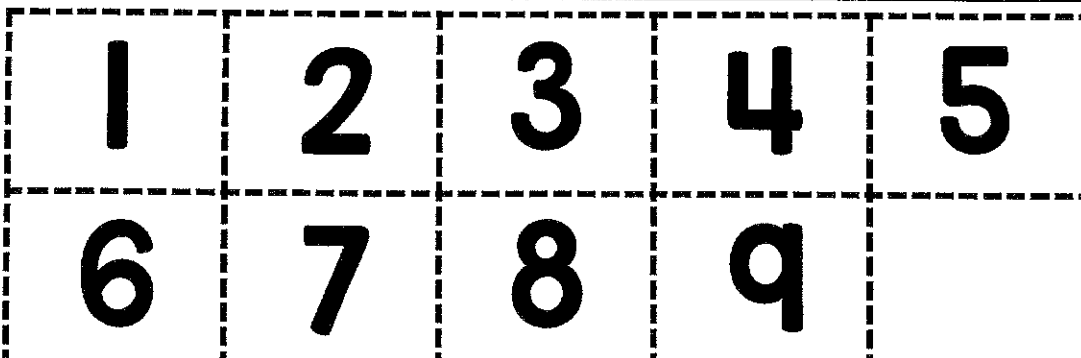
Name: _____



How Many? Count, Cut and Paste

Directions: Count the number in each set.
Cut and paste the correct number in each box.

 <input type="text"/>	 <input type="text"/>	 <input type="text"/>
 <input type="text"/>	 <input type="text"/>	 <input type="text"/>
 <input type="text"/>	 <input type="text"/>	 <input type="text"/>



Snow Day Art Lesson

The lesson includes instructions and a drawing guide plus if you have access to the internet (even on a Smartphone) you can use the link to follow a Draw Along Video (there are other drawing projects on the page as well that you could try out)

<https://www.deepspacesparkle.com/tmc/substitute-plan-2-0-bundle-video-page/>

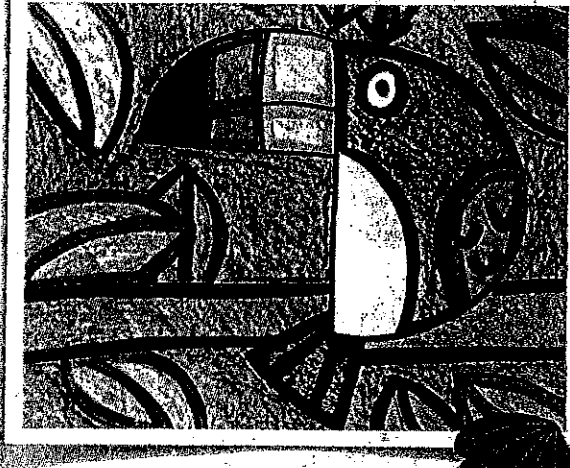
A blank piece of paper has been provided for you but you can use any paper you have available at home, if you have a sketchbook you can use that as well. The lesson can be colored by using crayons, markers, colored pencils, or if you have none of those materials at home you can simply use a pencil or pen to create a black and white version.

I have also included a Roll a Dice Drawing Activity you can do with everyone in your house. You will need to borrow a dice from a board game. All you need to do is roll the dice to determine what you need to draw. Once the drawing is complete you can add color.

Hope you enjoy your Snow Day Art Lessons and see you soon,

Mrs. Mitchell

TROPICAL TOUCAN DRAW ALONG



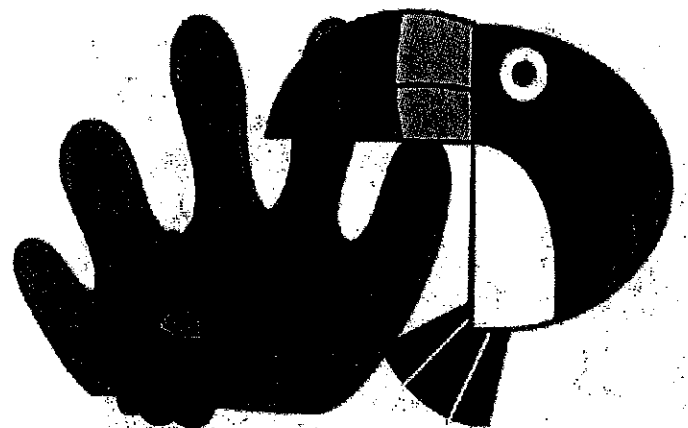
* Today I will learn about **SHAPE** so that I **CAN** use simple shapes to draw a **TOUCAN**.

* **NCAS: CREATING** Anchor Standard #1: Generate and conceptualize artistic ideas and work.

1. Give each student a piece of **white paper**.
2. Pass out **drawing materials**. Sharpie, pencil or black crayon all work well.
3. Instruct students to follow along with you as you draw the toucan on the board, or play the draw along video that accompanies the lesson.
4. Draw the toucan with the students using the **"Toucan Drawing Guide"** on the next page. It doesn't have to look just like the example.
5. They may use the back of their paper to re-draw their toucan if they choose. No new papers should be handed out. Students need to work with their "mistakes."
6. Color with crayons, markers or colored pencils.
7. Instructions for art (*take home, portfolio, etc.*)

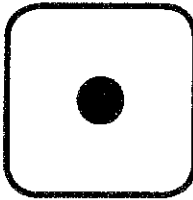


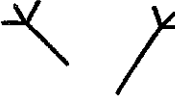



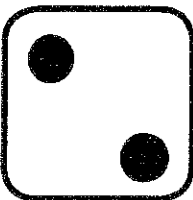




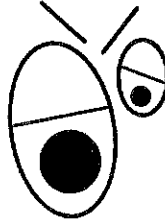


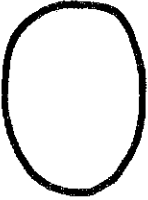



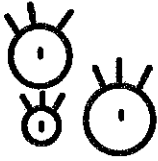




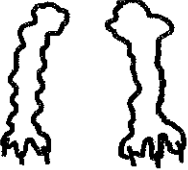





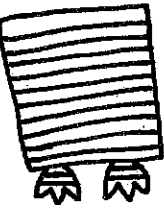

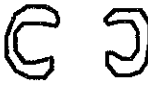




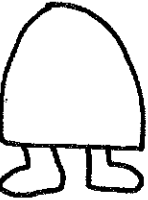
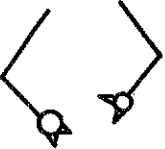



WHAT YOU'LL NEED:

- 9" x 12" white sulphite paper
- Drawing tool (Sharpie, pencil or black crayon)
- Coloring materials (crayons, markers or colored pencils)
- Toucan guided drawing handout



Roll a Drawing: Monsters

Roll the die. On each turn, draw the image next to your number!

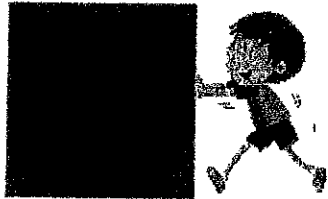
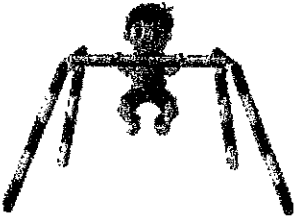

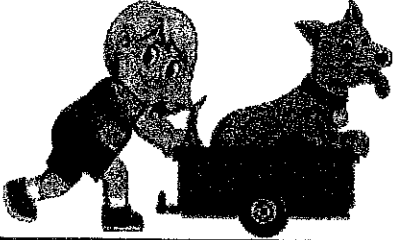


	Roll One: Face	Roll Two: Body	Roll Three: Arms	Roll Four: Ears	Roll Five: Eyes	Roll Six: Snout
						
						
						
						
						
						

Virtual Learning Snow Day 3

Push or pull

Kindergarten Science Worksheet

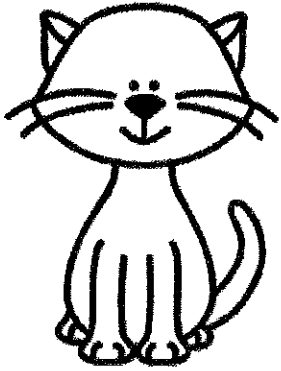
Circle the correct answer.

	push	pull
	push	pull
	push	pull
	push	pull
	push	pull
	push	pull

Name: _____

Missing Letters Set 1

Directions: Fill in the missing letter for each picture.
Write the word on the lines.



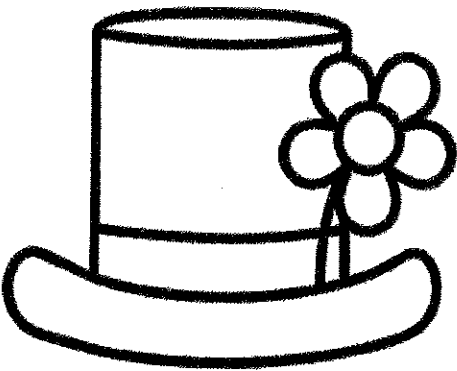
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r t



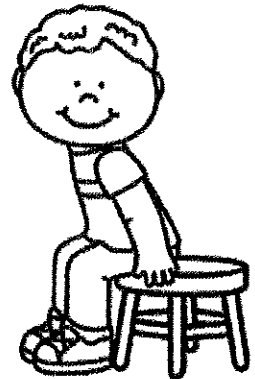
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h a



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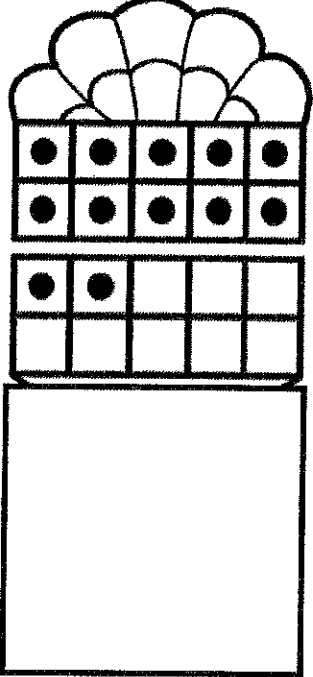
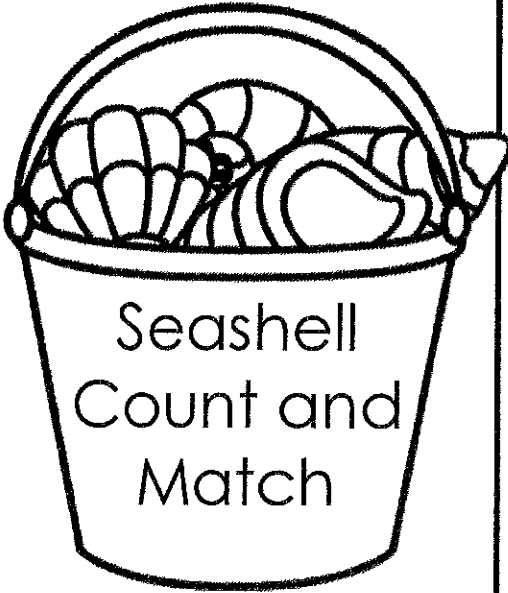
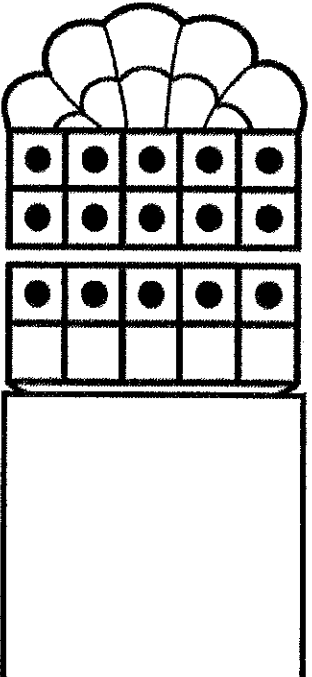
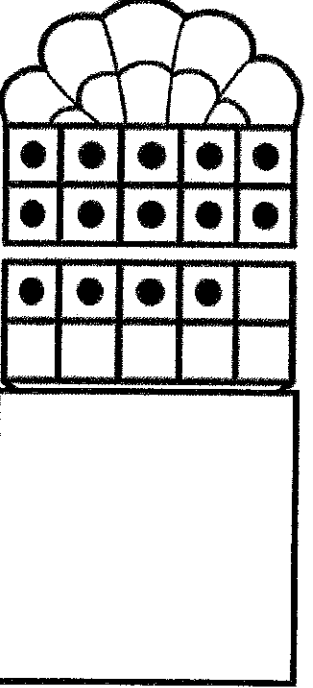
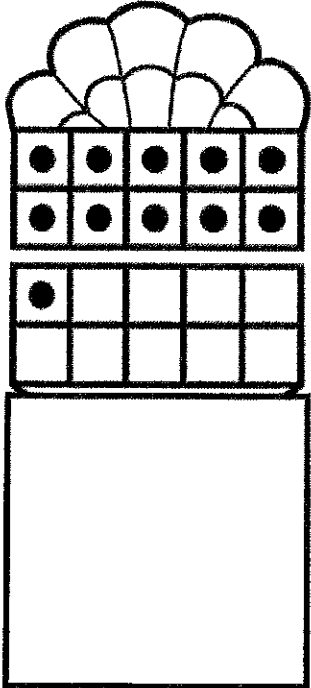
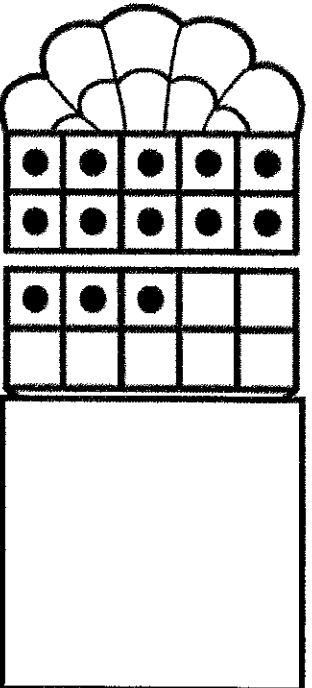


s t

Name: _____

Twenty Frame Counting

Directions: Count the dots. Cut and paste a number to match.









	 <p>Seashell Count and Match</p>	
		

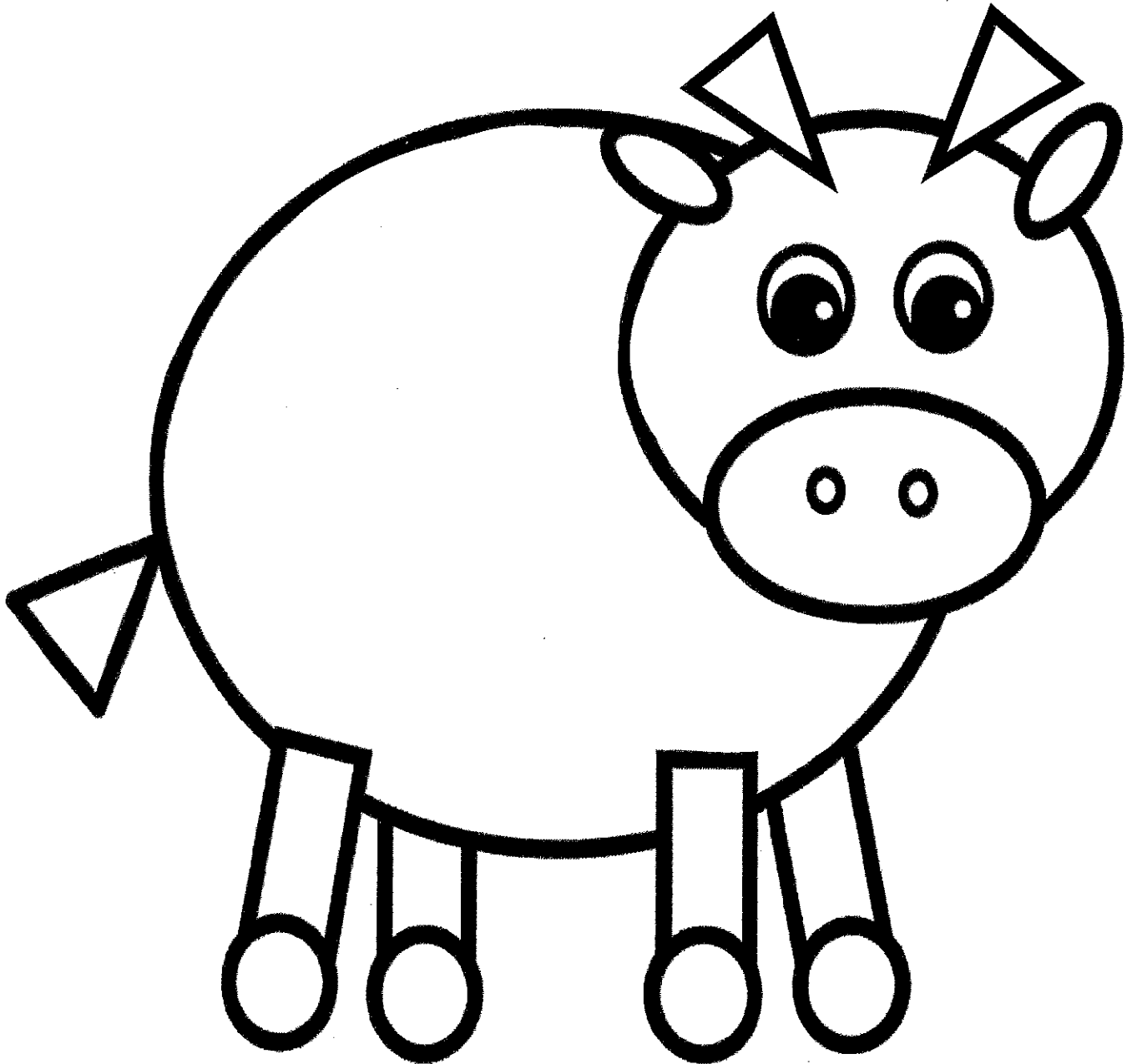
11 12 13 14 15

Name: _____

Color by Shape: Cow

Directions: Use the color code to color the picture.

 circle	 oval	 rectangle	 triangle
 black	 pink	 brown	 white



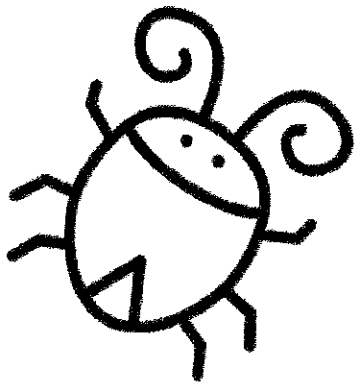
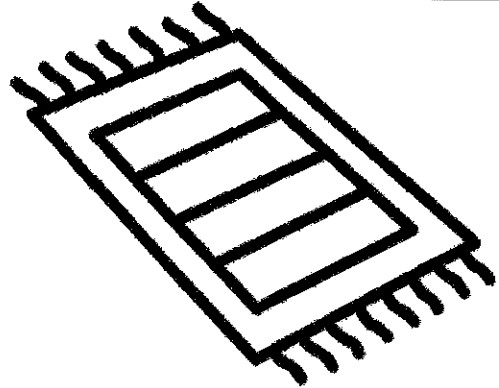
How many did you color?

 _____  _____  _____  _____

Name: _____

CVC Cut and Paste Set 2

Cut and paste the CVC words to match each picture.



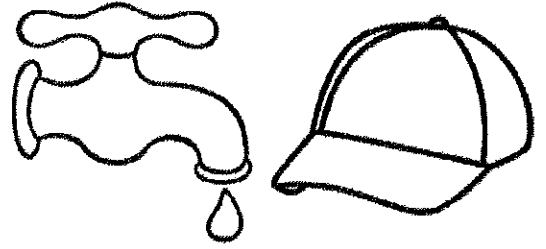
j	u	g	r	u	g
b	u	g	h	u	g

Name: _____

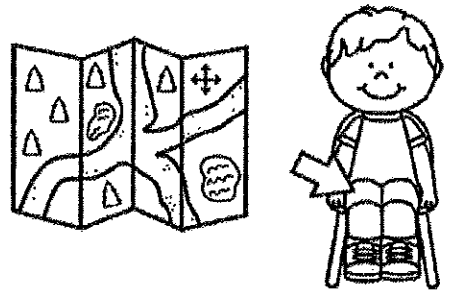
Fluency Practice Set I

Read the sentence. Color the picture to match.

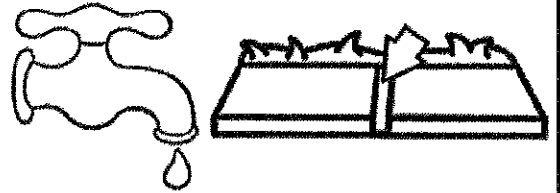
It is a cap.



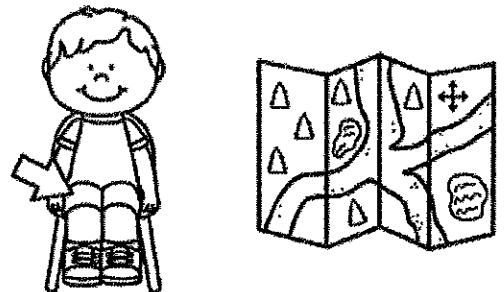
It is a map.



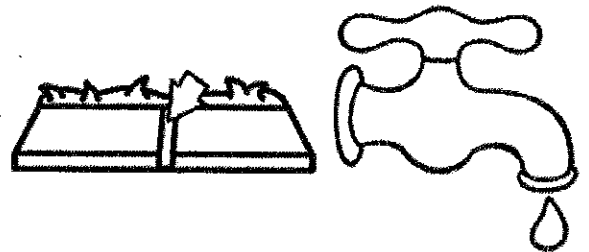
It is a gap.



It is a lap.



It is a tap.



Directions for at-home physical education (k-2)

Warm-ups: for the warm-ups just have student type in the song and have them follow along with the actions.

Home Activity: They are either completing part one or part two. If no bean bag is available they can use a pair of folded up socks to complete the activity.

Assessments: Have them choose three activities from the calendar and have them log it on their activity log with their time spent on each activity

K-2

Elementary



ACTIVE HOME PHYSICAL EDUCATION: K-2 Locomotor and Manipulatives

5 Day Rotation		Day 1	Day 2	Day 3	Day 4	Day 5
Concept of Focus	I can show balance and coordination while playing at home.	I can control by body while performing dances and activities.	I can throw and catch in self space.	I can transfer weight from one body part to another.	I can show movement concepts with family while dancing and playing for 60 minutes.	
Academic Language for Today	BALANCE An even distribution of weight allowing you to stay upright and steady.	CONTROL To manage or regulate the movement or action of something.	SELF-SPACE The area around a person in where they are comfortable but feel uncomfortable if someone else enters.	DEMONSTRATE To show or perform an action for others to see.	DIRECTION One of the ways the body can move in space (for example, forward, backward, right, left, up, down).	
Warm-up	Pop See Ko	Hokey Pokey	Pop See Ko	Hokey Pokey	Pop See Ko	
OPEN Home Activity	Locomotor and Manipulatives Card Today we're going to have fun exploring movement with Beans Bag or Sock Balls. Find some safe and grab a family member. Complete Part 1	Locomotor and Manipulatives Card Today we're going to have fun exploring movement with Beans Bag or Sock Balls. Find some safe and grab a family member. Complete Part 2	Locomotor and Manipulatives Today we're going to have fun exploring movement with Beans Bag or Sock Balls. Find some safe and grab a family member. Complete Part 1	Locomotor and Manipulatives Card Today we're going to have fun exploring movement with Beans Bag or Sock Balls. Find some safe and grab a family member. Complete Part 2	Locomotor and Manipulatives Today we're going to have fun exploring movement with Beans Bag or Sock Balls. Find some safe and grab a family member. Complete Part 1	
Daily Fitness Activity	DEAM Calendar	DEAM Calendar	DEAM Calendar	DEAM Calendar	DEAM Calendar	
Mindfulness	Choose three poses to perform with parents. Hold each pose for 30sec to 60 sec. Yoga Flash Cards	Sun Salutation #1 Perform with parents following the peer coaching cards. Sun Salutation #1	Choose three poses to perform with parents. Hold each pose for 30sec to 60 sec. Yoga Flash Cards	Sun Salutation #2 Perform with parents following the peer coaching cards. Sun Salutation #2	Choose three poses to perform with parents. Hold each pose for 30sec to 60 sec. Yoga Flash Cards	
Assessment(s)	Physical Activity Log	Physical Activity Log	Physical Activity Log	Physical Activity Log	Physical Activity Log	

ACTIVITY CARD

BEAN BAG

Activity Name	Description	Outcome Focus
PART 1		
Locomotor Moves	<p>With bean bag on the floor in personal space:</p> <ul style="list-style-type: none"> Walk around the activity area and count all of the bean bags. Jog in the area. On signal, freeze and point to any beanbag. Gallop in the area. Freeze, listen for a color, and then find a beanbag that color and touch it with your toe. Leap over beanbags in area. Slide (jump, hop, skip) in the area. When music stops, find a new bean bag and stand on it. 	Travels in Relationship with Objects
Toss and Try	<p>Toss bean bag straight up and then:</p> <ul style="list-style-type: none"> Clap 1 time before it hits the floor. Clap 1 time and then try to catch it. Clap as many times as you can before it hits the floor. Clap as many times as you can and then try to catch it. Toss with right hand only (repeat tasks above) Toss with left hand only (repeat tasks above) Toss and turn 360 degrees before the bean bag hits the floor. Start with the beanbag on top of your foot. Flip it into the air and try to catch it. 	Catches a Soft Object
Super Moves	<p>With bean bag on the floor:</p> <ul style="list-style-type: none"> Stretch your body and log roll over it back and forth. Start low like a frog, and then jump over it backward and forward; side-to-side. Sit on the floor. Stretch and curl by picking the beanbag up with your feet, reaching and touching it with your hands, and then stretching and setting it back down. 	Demonstrates Twisting, Bending, Stretching
PART 2		
Balancing Act	<p>With bean bag balancing on head, shoulders, or back:</p> <ul style="list-style-type: none"> Balance on one foot. Shift to balance on the other foot. Sit and then stand again. If the beanbag falls, try again. In plank position, slowly slide your feet around in a circle. 	Weight Transfer and Balance/Stability
Slow and Fast	<ul style="list-style-type: none"> Use your foot to slowly slide the bean bag around the activity area. Slide the bean bag on the ground, back and forth from hand to hand. How fast can you make the bean bag slide while keeping it under control? 	Differentiates between fast and slow speeds and strong and light force.
Target Practice	<p>Each student finds a spot on the wall as a target (e.g., a brick, piece of paper, etc.) Toss the bean bag underhand to:</p> <ul style="list-style-type: none"> Hit the center of the target. Hit the edges of the target. Hit just above (below, to the sides) of the target. 	Throws Underhand Using a Mature Pattern
Partner Fun	<p>Using 1 beanbag per pair:</p> <ul style="list-style-type: none"> Toss and catch the bean bag. Slide it back and forth on the ground. Pass it back and forth like a soccer ball, using your feet. Try all of the above using 2 bean bags 	Working With Others



Physical Education

ACTIVITY LOG

2-Week Physical Activity Log

Use this activity log to track your physical activity minutes for 2 weeks.
Have an adult sign their initials next to each day that you complete 30 minutes.

Week 1:

Day	Activity 1	Activity 2	Activity 3	Total
Sample Day	<i>Active Outside</i> 30 Mins	<i>Walk with Family</i> 15 Mins	<i>Dance Challenge</i> 15 minutes	60 minutes
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				

Week 2:

Day	Activity 1	Activity 2	Activity 3	Total
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				

MARCH

DEAM Calendar Drop Everything And Move

BE GOOD
by being helpful

Name: _____

Teacher: _____

Purpose: This calendar encourages families to become more physically active and to take steps toward a healthier lifestyle. Each day, students are asked to complete a different activity with a family member (or with adult supervision).

Directions: After a student completes a day's activity, adults make a check mark and initial in the space provided. Each week, you can miss one day (activity). If this happens, put an "X" in the space provided for a check mark (do not initial).

✓ Done	Day	DEAM Activity
	1	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	2	Play with a friend.
	3	Do as many curl-ups as you can.
	4	March Madness: Take 64 imaginary jump shots.
	5	Say your math facts while doing reverse lunges.
	6	Take a walk.
	7	Kids should be active sixty minutes EVERY day! Do 60 jumping jacks.
	8	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	9	Play a game that is active. You decide what that is.
	10	Do as many trunk-lifts as you can.
	11	Take 32 imaginary dunks and 16 cross-over dribbles.
	12	Do push-up shoulder taps while reciting your spelling words.
	13	Take a walk.
	14	Run in place and name 3 reasons why you will never smoke or use tobacco.
	15	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	16	Take a hike.
	17	Do as many squats as you can.
	18	Take 8 pretend chest passes and 4 imaginary foul shots.
	19	Perform squat-jumps while naming the continents.
	20	Take a walk.
	21	How many food groups are there? Do 5 plank-jacks.
	22	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	23	Play outside.
	24	Do as many push-ups as you can.
	25	Take 2 laps around a pretend court and 1 giant star-jump!
	26	Read a book while doing a wall sit.
	27	Take a walk.
	28	About how many glasses of water should you drink each day? Do 8 burpees.
	29	Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.
	30	Go to the park!
	31	Do as many squat-thrusts as you can.

Please Remember

- ✓ Always get adult permission before doing any activity.
- ✓ Return calendar to your teacher at the end of the month.

