

## Something for Everyone

It takes more than physical well-being to maintain good health. Maintaining balance, developing healthy lifelong habits and making good choices contribute to one's overall well-being and ultimately, academic success. Villisca Wellness Center is located just south of the Enarson Elementary building. The Villisca Wellness Center has something for everyone when it comes to working on healthy choices. The Villisca Wellness Center has a three-lane walking track around a basketball court/volleyball court. The basketball court/volleyball court can be split into two courts to accommodate for youth sports and tournaments.

The weight room at the Villisca Wellness Center is equipped with free weights and state-of-the-art weightlifting machines. Treadmills and elliptical machines are also included in the weight room. Adults and high school students can train using safe and up-to-date equipment. These amenities promote healthier lifestyles for all.

The Villisca Wellness Center can attribute to making our community happier, healthier and stronger. We want our community to experience better quality of life for all ages by choosing healthier choices. With adding another gymnasium to our community we can better accommodate practices, games, community events, etc. It also provides adequate facilities to hold activities such as tournament play, fitness classes and a gym to be used for additional recreation purpose for the community. Come use the Villisca Wellness Center to improve your well-being.....make the healthier choice. We have something for you!



### VILLISCA WELLNESS CENTER

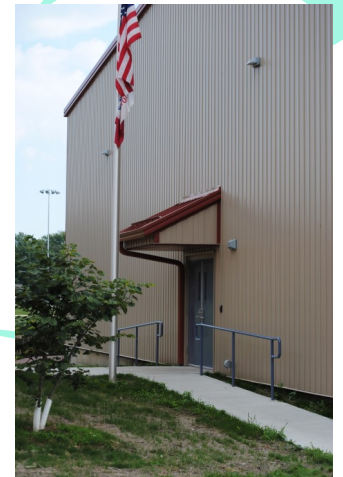
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# Villisca Wellness Center



## Promoting Healthy Lifestyle Choices

VILLISCA COMMUNITY  
SCHOOL DISTRICT

# Villisca Wellness Center



## Outside Use

- Youth/City Leagues
  - NO fees
- Rental
  - \$100 per 2 hours
- Class Instruction
  - Must be a member and instructor can charge a fee
- Leagues
  - Membership fee

\*\*When **Youth Sports** have scheduled practices, the Courts will be unavailable to the public at that time. Please see the calendar for these dates and times. The Walking Trail and the Weight Room will still be available.



## Access to Facilities—Fees

- Single
  - Monthly Membership \$17.00
  - Annual Membership \$187.00
- Family of 2
  - Monthly Membership \$22.00
  - Annual Membership \$242.00
- Family of 3
  - Monthly Membership \$27.00
  - Annual Membership \$297.00
- Family of 4 or more
  - Monthly Membership \$32.00
  - Annual Membership \$352.00
- School Employee Membership
  - Monthly Membership \$5.00 per family member up to \$20.00 max per month

\*\*Family members count for kids in the family age 22 and younger  
\*\* 3 Year Olds and under are free with adult supervision at all times.

## Hours

- Monday—Friday
  - 5:00 a.m.—9:45 a.m.
  - 5:15 p.m.—11:00 p.m.
- Weekends
  - 5:00 a.m.—11:00 p.m.

## Key Cards

- First key is free
- \$5.00 for additional key
- \$20.00 for a lost key

## VILLISCA COMMUNITY SCHOOL DISTRICT

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